

Home Practice – it's how I become a better musician!

This form is due back by 9/20/19!

Weekly Routine - *Practice Target = 20 minutes, 5 nights/week*

1. **Set up** for an effective practice session:
 - Find a quiet place
 - Use a music stand - or stand up! (use good posture for better breath support)
 - Do a good warmup: long tones, slurring warmups, scales, rudiments (percussion)
2. **Plan** your practice session:
 - **Ask** yourself: What do I want/need to improve (song/section, dynamics, slurs, etc.)?
 - **Write** down your practice goal on your practice log - **include *proficiency level goals***.
 - **Ask** yourself: What are some good strategies I can use to make this better?
 - Several good strategies are listed on your practice log
3. **Practice!** - Actually *practice!* Don't just play through songs and move on. Get better at something! *See me if you need more (more challenging) music to work on!*
4. **Evaluate** your practice session and **indicate your progress on your Practice Log**
 - "Did I reach my goal? Did I get better? Do I still have a lot of work to do?"
5. **Turn in with Parent Signature on Monday Morning** - Please be on time! Practice points will be entered into Powerschool every week. Points do not count toward your band grade.

Have a family discussion about how to make practice a part of your daily/weekly routine!
Regular, *effective* practice is one of the highest contributors to musical success.
Sporadic practice or over-practicing is much less effective, with little/no benefit.

Some points to think about...

- Practice does not count toward your grade, but it does count toward your success!
- It's not about putting in the time, it's about getting something out of it!
- Practice makes Permanent... the more mistakes you make, the more you will continue to make! **Choose and use good strategies, be mindful and aware**, and correct errors!
- Practice with INTENTION! Things don't accidentally get better - you have to make them better!

I understand that practice is an important part of learning an instrument and is expected of all band members. I have read and understand the suggested practice routine and will help support my child in learning how to get the most out of practice time!

Parent's Signature: _____ **Student Signature:** _____

